

2010 American Heroes 10K Run Results

Bib #	Division	Finish	Name	Time	Pace	Overall	Sex Place	City
4692	Overall Male	1	Stice, Kenny	36:18.6	5:51	1	1	
4644	Overall Female	1	Mckissick, Frances	48:44.3	7:51	12	1	Irving
4704	Male Masters	1	Clifford, Roger	37:00.7	5:57	2	2	
4552	Female	1	Houran, Jane	54:36.5	8:47	21	6	The Colony
4648	20-24 Male	1	Nikhil, Totloor	50:18.3	8:06	14	13	Plano
4618		2	Jones, David	58:41.7	9:27	31	20	Frisco
4606		3	Tripp, Jon	1:06:21.3	10:41	51	29	Frisco
4574		4	Nguyen, John	1:06:22.9	10:41	52	30	Frisco
4619	25-29 Male	1	Mcgar, Jeremy		7:35	8	8	The Colony
4599		2	Smith, Bryan	58:40.7	9:27	30	19	Plano
4598	30-34 Male	1	Bogardus, Jason		6:31	3	3	The Colony
4617		2	Harris, Anthony	41:59.3	6:45	5	5	Arlington
4685		3	Resek, Jeff	1:04:15.5	10:20	47	27	
4627		4	Zomper, Nicholas	1:21:47.8	13:10	65	33	Roanoke
4554	35-39 Male	1	Hundt, Michael	41:39.8	6:42	4	4	The Colony
4694		2	Chambers, Sean	1:02:29.9	10:03	45	25	
4578		3	Peterson, Michael	1:06:02.1	10:38	49	28	Tioga
4538	40-44 Male	1	Franks, Steven	44:45.3	7:12	6	6	The Colony
4508		2	Bouchard, Ron	46:22.9	7:28	7	7	The Colony
4583		3	Pope, Jason	50:19.5	8:06	15	14	The Colony
4510		4	Buckley, Kevin	59:59.9	9:39	39	23	Dallas
4564		5	Ludwig, Michael	1:16:15.5	12:16	63	32	The Colony
4502		6	Barb, Joseph	1:24:51.0	13:39	71	34	Denton
4568	45-49 Male	1	Martin, Patrick	52:32.7	8:27	18	15	Flower Mound
4607		2	Vinson, Kevin	56:37.1	9:07	23	16	The Colony
4535		3	France, Ray	58:43.3	9:27	32	21	Fort Worth
4661		4	Hermes, Mike	59:01.6	9:30	33	22	The Colony
4516	50-54 Male	1	Christian, Joey	57:50.8	9:19	26	18	Decatur

4581		2	Pieringer, R. Steve	1:00:06.5	9:40	41	24	Plano
4620	55-59 Male	1	Picard, Mike	49:36.3	7:59	13	12	Plano
4686	60-64 Male	1	Ross, John	47:27.7	7:38	9	9	
4669		2	Flowers, Dan	48:00.9	7:44	10	10	Carrollton
4597		3	Sheridan, Jim	57:09.3	9:12	25	17	The Colony
4555		4	Johnson, Mark	1:09:39.8	11:13	57	31	Colleyville
4614	70-74 Male	1	Capps, Wally	48:15.5	7:46	11	11	Farmers Branch
4658		2	Livingston, Ward	1:03:56.2	10:17	46	26	Frisco
4623	20-24 Female	1	Sweeney, Alexandra	1:02:03.1	9:59	43	19	Mckinney
4668	25-29 Female	1	Flowers, Danielle	51:19.2	8:16	16	2	The Colony
4615		2	Favors, Cheryl	53:48.4	8:40	20	5	Savannah
4679		3	Allen, Carrie	59:05.7	9:31	34	12	The Colony
4625		4	Wheat, Ali	1:02:09.9	10:00	44	20	Plano
4600	30-34 Female	1	Spears, Tracy	51:20.2	8:16	17	3	The Colony
4671		2	Brackeen, Princess	59:20.0	9:33	37	15	
4551		3	Holman, Misty	1:00:02.4	9:40	40	17	The Colony
4580		4	Philpot, Amanda	1:04:58.4	10:27	48	21	Dallas
4604		5	Tengram, Miranda	1:08:40.6	11:03	55	25	Frisco
4529		6	Dotson, Valarie	1:24:19.9	13:34	68	35	Allen
4518		7	Cox, Angi	1:24:21.1	13:34	69	36	Allen
4507	35-39 Female	1	Bollner, Leanne	53:28.7	8:36	19	4	The Colony
4545		2	Hanks, Megan	55:31.4	8:56	22	7	Plano
4532		3	Farber, J	59:46.2	9:37	38	16	Plano
4511		4	Buckley, Liane	1:01:23.8	9:53	42	18	Dallas
4700		5	Devries, Frances	1:10:10.6	11:18	58	27	
4610		6	Wilson, Abi	1:22:08.6	13:13	66	33	Denison
4556		7	Jones, Jennifer	1:22:09.1	13:13	67	34	Mckinney
4591		8	Rochelle, Melinda	1:24:35.7	13:37	70	37	Richardson
4548		9	Hide, Viola	1:24:57.8	13:40	72	38	Denton
4539	40-44 Female	1	Gamboia, Elaine	58:15.4	9:23	27	9	Garland
4605		2	Tiggs, Charlie	58:18.5	9:23	28	10	Garland
4563		3	Ludwig, Lori	1:06:11.8	10:39	50	22	The Colony

4608	45-49 Female	1	Vinson, Linda	56:49.5	9:09	24	8	The Colony
4650		2	Inauen, Beatrix	59:08.3	9:31	35	13	Lewisville
4649		3	Thompson, Sylvia	59:08.3	9:31	36	14	Lewisville
4572		4	Medwedeff, Lisa	1:06:45.5	10:45	53	23	Dallas
4534		5	Flood, Teresa	1:08:51.5	11:05	56	26	The Colony
4541		6	Geyer, Stephanie	1:12:38.0	11:41	60	29	Frisco
4680		7	Chiles, Martha	1:16:14.2	12:16	62	31	The Colony
4612	50-54 Female	1	Zuczek, Patricia	1:07:09.7	10:49	54	24	Lewisville
4573		2	Morrow, Pamela	1:16:13.9	12:16	61	30	Irving
4609	55-59 Female	1	Wicklaine, Denise	1:10:43.8	11:23	59	28	The Colony
4540		2	Garcia, Mary	1:17:28.5	12:28	64	32	Lewisville
4621	60-64 Female	1	Quinoness, Marisa	58:20.7	9:23	29	11	